


Trimble County Extension June 2025 ~ Newsletter

4-H Youth Development
Family & Consumer Sciences
Agriculture and Natural Resources

 Cooperative
Extension Service

Trimble County Cooperative Extension
43 High Country Lane
Bedford, KY 40006 ph 502.255.7188
webpage: trimble.ca.uky.edu

JOIN US AT THE COUNTY FAIR

June 16 6:00 PM	Beef & Swine Show
June 17 6:00 PM	Goat & Sheep Show
June 18 6:00 PM	Horse Show
June 19 6:00 PM	Rabbit & Poultry Show
June 20 7:00 PM	4-H Livestock Auction



Come show support for our youth who have worked hard with their show animals all year.

All events at Trimble County Park
3114 Hwy 421 N Bedford, KY

June 16 9:00 - Noon 4-H/Open Class Exhibit Entry

A list of 4H /Open exhibit entry classes
can be obtained at the Extension office.



Cooperative
Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity; reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. Lexington, KY 40506



Disabilities
accommodated
with prior notification.

Agriculture & Natural Resources

Thank you, Trimble County!

I want to share with everyone that my last day with the Trimble County Extension Service is June 13th. I have been offered and accepted the position as the Kenton County Extension ANR Agent, starting on June 16th. This office will be much closer to my home and family. I can't thank you all enough for inviting me into the County and making me feel welcome and appreciated here. The amount of support and encouragement this county has given me is unforgettable. I truly appreciate you all for attending my programs, helping me to plan and grow new ANR programs, and inviting me to your home and farms. Leaving Trimble County is an incredibly hard decision to make, but I feel that it will be the best for me at this time. I hope you all know that the past three years of being in Trimble County have been absolutely amazing!

I look forward to our paths crossing again and to hopefully coming back to visit!

Thank you, Regina Utz

ANR Upcoming Dates

June 24th: Henry County Cattlemen's Field Day, 4:30 p.m.

Henry County Extension Office Pavillion & Foree Farm rsvp: (502) 845-2811

July 28th: Trimble County Cattlemen Association, 6:00 p.m.

Trimble County Extension Office rsvp: (502) 255-7188

Save the Date: October 7th Regional beef Field Day: Foxhollow Farm, Oldham County

MONEY FOR FARM IMPROVEMENTS



Eligible Investment Areas:

Agricultural Diversification

Large Animal - Small Animal

Farm Infrastructure

Fencing & On-Farm Water

Forage & Grain Improvement

Innovative Ag. Systems

On-Farm Energy

Poultry & Other Fowl

Technology & Leadership Development

Value Added & Marketing

Administered by

Trimble County Conservation District

511 West Street

Bedford, Ky 40006

(502) 255-7114

COUNTY AG INCENTIVE PROGRAM (CAIP) YOUTH AG INCENTIVE PROGRAM (YAIP)

Applications will be available for Trimble County's Cost-Share Program to assist farmers and youth in making on farm investments.

Anticipated Application Period

June 2 – June 30, 2025

Applications require a USDA Farm Service Agency number and Conservation Aq Water Quality Plan

Applications available at:

Trimble County Conservation District

Mondays (8:30 a.m. – 4:30 p.m.)

For More Information:

Contact Tammy Nixon at (502) 379-9956

or email: tnixon.trimblecd@gmail.com

All applications are scored, based on the scoring criteria set by the Kentucky Agricultural Development Board.



Kentucky's 2025 Periodical Cicada Emergence

2024 was famous for the Double Brood Emergence, but Kentucky will see more cicada action in 2025. Nearly every county east of Ohio County in western Kentucky will see some periodical cicada activity. These amazing insects have been below-ground for 17 years, what can we expect when they start to emerge?

Things will start around mid-May...

Periodical cicada nymphs start moving out of the ground when soil temperatures reach about 64 degrees. This matches up with the spring bloom of irises. Then, Brood XIV will arrive!

Periodical cicada fast facts

There are three different species that will emerge in 2025

Snakes, turkeys, foxes, and lots of wildlife devour them

The cicadas that emerge next year were born in the year 2008



Cicadas "count" the seasons below ground to know when to emerge

Brood XIV is mostly concentrated in Kentucky, call them the "bourbon brood"!

Common questions and concerns about periodical cicadas

When millions or billions of bugs come out of the ground, people have questions! Luckily, there is very little to worry about with these insects but let's cover some specific FAQs.



Safe for pets?
Dogs and cats can safely consume cicadas in moderation.



Where to find?
Most commonly found near oaks by streams, creeks, and rivers. Also by fruit trees.



Why so loud?!
Male cicadas sing together to attract females, the noise is a bug concert.



Managing dead cicadas?
Usually they can be mulched or mowed into landscape.



Safe for people to eat?
If you don't have a shellfish allergy, eat them after cooking and in moderation

Cicadas and new trees

Periodical cicadas lay their eggs in tree branches by cutting slits in the bark. Big, mature trees can handle this. New trees or fruit trees should be protected though. The best option is to purchase "cicada netting" which is gauged to exclude females from trees. Secure excess netting to the tree around the trunk where there are no branches. It will look a bit like a lollipop when finished.

How do you select your bulls?

Darrh Bullock, University of Kentucky and Matt Spangler, University of Nebraska

Bull selection is one of the most important decisions that a beef producer makes and can have a lasting impact on profitability. Factors such as the market endpoint of calves (e.g., newly weaned or finished cattle), whether replacements will be retained, and the level of nutritional management provided to the cow herd all impact which traits should be selected for and at what level. Understanding this complex relationship can be the difference between buying a “good” bull and buying the right bull.

The eBEEF.org team, a group of beef cattle geneticists from across the US, is trying to determine how beef producers are currently selecting their bulls and will use this information to develop educational materials to help improve this process. Knowing which traits to select for is often not the problem, it is the degree to which each should be emphasized that can be highly variable from producer to producer and can often be challenging to determine. Too often this process is more ‘seat of the pants’ rather than by factors affecting profitability. For example, trying to find the optimal level of calving ease without sacrificing profit by not emphasizing traits like sale weight of the calves enough.



To assess how beef producers are selecting bulls, within their level of management, we are asking you to fill out a brief survey. This should take approximately 10 minutes of your time and provide a wealth of information for the beef industry! This information will be used to compare the survey results to values generated by iGENDEC, a software package that determines the most profitable level of emphasis that should be placed on each trait within a specific production system.

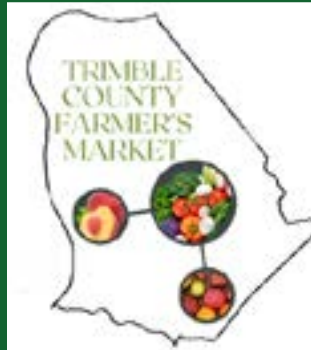
Several incentives are being offered to encourage participation in this survey. The first is a random drawing for five \$100 gift cards generously donated by the Beef Improvement Federation (beefimprovement.org). The second is a special webinar that will be offered to everyone that completes a survey, and provides their email address, to discuss the findings of the survey and resulting bull selection strategies. Lastly, and possibly most importantly, knowledge gained by beef producers by going through this process and the entire beef industry through better bull selection decisions.

Survey Link:

https://corexmsd9bfwdhxgbhmw.qualtrics.com/jfe/form/SV_eFqYgoQpZMJLRLE



Or scan the qr code at right to complete the survey!



TRIMBLE COUNTY
FARMERS MARKET
Every Thursday! May - October
3:00 - 7:00 pm
Courthouse Square ~ Bedford, KY



Vendor
Applications
available at
Trimble County
Extension Service

Vendors will vary based on product availability

TLC Honey - local honey	The Bakerry - cookies, scones, muffins, aprons
Betsy Liston - produce	Loaring Farms - produce, sewn items
Tammi Meadows - home decor	Ken Stangle - dog treats
Ken Cahill - military style meals	Kristen Francis- baked goods, flowers
Doug Ginn - peaches, flowers	Just for Fun Creations
Nixon Farm, Tammy Nixon - mums, hanging baskets	
Blossom Ridge Flower Farm - flowers, produce	
Bubbys Greenhouse, Christopher Young - produce, plants	
Little Kentucky River Farm - garden plants, produce	
Forest to Finish, Dudley Lush - wood products	
Taylor Ridge Farm, Carrie Furnas - baked goods, potted plants	

4-H CAMP

\$175
Financial aid
available

JUNE 30- JULY 4

KENTUCKY 4-H CAMPING CENTER
LAKE CUMBERLAND KENTUCKY



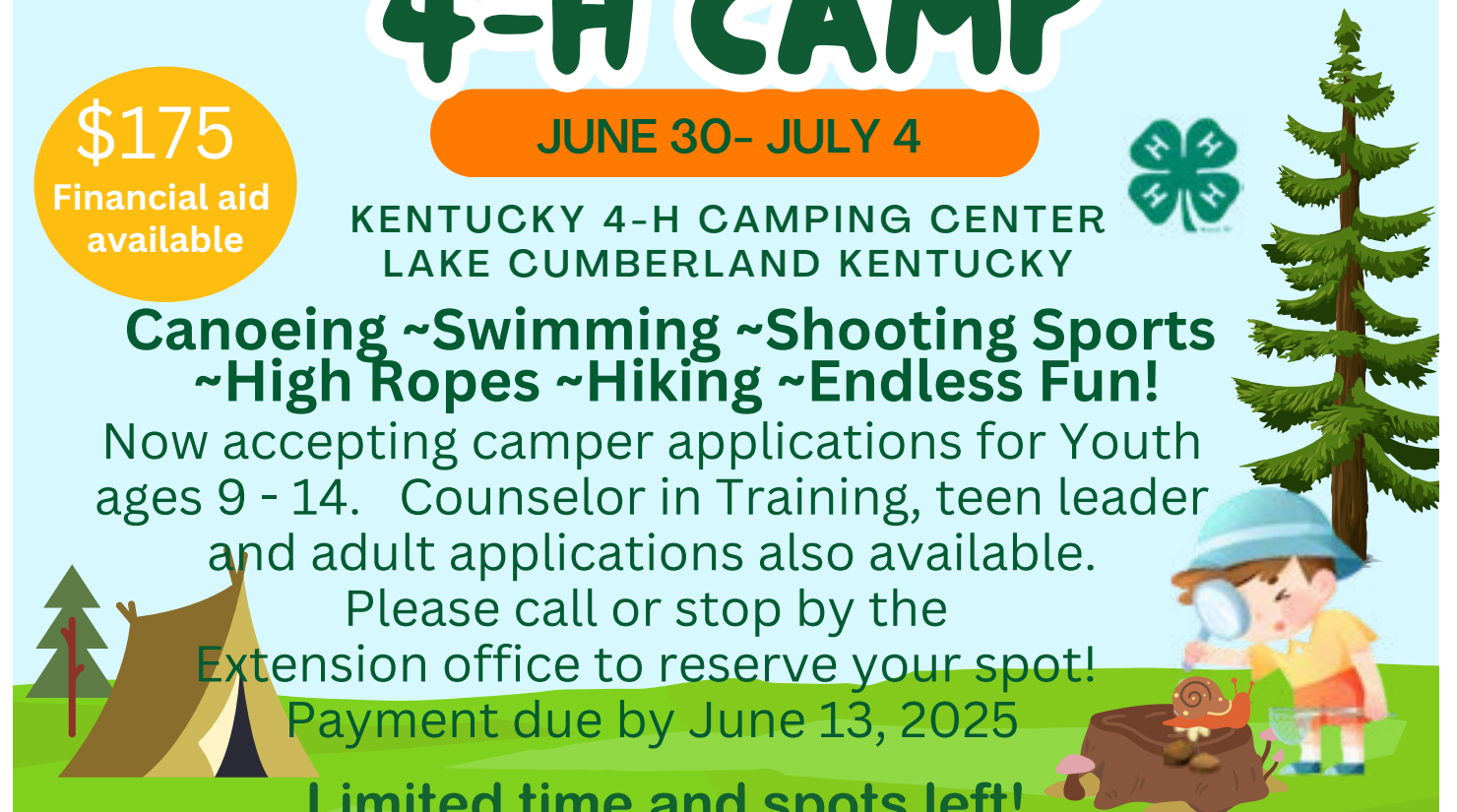
**Canoeing ~Swimming ~Shooting Sports
~High Ropes ~Hiking ~Endless Fun!**

Now accepting camper applications for Youth
ages 9 - 14. Counselor in Training, teen leader
and adult applications also available.

Please call or stop by the
Extension office to reserve your spot!

Payment due by June 13, 2025

Limited time and spots left!



Trimble Thimbles Sewing Group

Trimble County Extension Service
9:00 a.m. ~ 2nd & 4th Saturday of each month
June dates: 6/14 & 6/28 ~ July dates: 7/12 & 7/26
New or experienced - All are welcome!



Simply Sharing Homemakers Will not meet in June

July 16, 2025 10:30 a.m.
Topic to be determined
Trimble County Extension Service

Canning Basics

June 18, 2025 1:00 p.m.
Trimble County Extension Service
Must RSVP (502) 255-7188

*Learn about the different canning methods:
water bath, pressure canner and using a digital
pressure canner.*



Strawberry Salsa

1 tablespoon olive oil	2 cups , coarsely chopped fresh strawberries	2 cups chopped cherry or grape tomatoes
2 tablespoons white vinegar or white balsamic vinegar	8 green onions, chopped	½ cup chopped fresh cilantro
½ teaspoon salt		

1. Whisk olive oil, vinegar, and salt in large bowl.

2. Add strawberries, green onions, tomatoes, and cilantro. Toss to coat.

3. Cover and chill for 1 hour.

4. Serve with tortilla or pita chips.

Yield: 7, ½ cup servings.

Nutrition Analysis: 40 calories; 2 g fat; 0 g saturated fat; 0 mg cholesterol; 170 mg sodium; 6 g carbohydrate; 1 g fiber; 4 g sugar; 1 g protein; 60% of vitamin C.

Source: www.fruitsandveggiesmatter.gov

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.



Join Dr. Alex Elswick, leading researcher and advocate in the field of substance use recovery. His work focuses on recovery capital—an assets-based framework helping individuals and communities support long-term recovery.

Join Dr. Elswick for an uplifting, easy-to-understand presentation about what really helps people recover—based on the latest science and his own experience.

The Many Pathways of Recovery

Tuesday - July 8, 2025

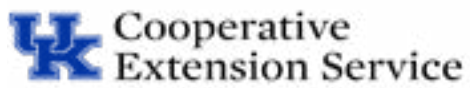
John Black Community Center
1151 KY-393
LaGrange, KY 40031

12:00 pm - Understanding Recovery: A Research Based Perspective (This is an invaluable opportunity for professionals working in behavioral health, social work, family services, and recovery programs to deepen their understanding.)

6:00 pm - A Message of Hope & Healing. Struggling with addiction? Supporting a loved one in recovery? (This session is for drug court participants, family members, and anyone seeking hope and healing.)

RSVP or Learn More
(502) 222-9453





Trimble County
PO Box 244
43 High Country Lane
Bedford, KY 40006-0244

RETURN SERVICE REQUESTED

NONPROFIT ORG
US POSTAGE PAID
BEDFORD KY
PERMIT 11