### Trimble County Extension February 2024 ~ Newsletter

4-H Youth Development Family & Consumer Sciences Agriculture and Natural Resources



Trimble County Cooperative Extension 43 High Country Lane Bedford, KY 40006 ph 502.255.7188



### Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kermacky Cooperative Extension serve all people regardless of consome en social status and will not discriminate on the basis of sace, color, ethnic origin, national origin, creed, religion, political belief, sex, result orientations gender identity; gender expression, pregnancy, marital status, genetic information, age, veteram status, physical or mental disability or reprint or retaliation for prior civil rights activity: Reasonable accommodation of disability may be available with prior notice. Program information may be made available in languages other than English. University of Kentucky, Kentucky State University, ELS Department of Agriculture, and Kentucky Counties, Cooperating.



Disabilities accommodated with prior metification

Lexingun, KY 40506

### **Agriculture & Natural Resources**

### **Upcoming Events & Dates**

<ul> <li>February 8th: KY Alfalfa and Stored Forage Conference Warren County Extension Office, https://2024ASFCorfebruary 9th: Private Pesticide Applicator Training Trimble County Extension Office, 10:00 a.m.</li> <li>February 9th: Beef Quality Care &amp; Assurance (BQCA) Trimble County Extension Office, 1:00 p.m.</li> <li>February 14th: Cost of Cheap Mineral Contact Regina for the zoom link, 8:00 p.m.</li> <li>February 14th-17th: Farm Machinery Show Louisville, KY</li> <li>February 15th: Gardening Series- Seed Starting Trimble County Extension Office, 6:00 p.m.</li> <li>February 21st: Beekeeping Series- Helpful Hints to Beekeep Trimble County Extension Office, 6:00 p.m.</li> <li>February 22nd: Analyzing Your Horse's Hay Carroll County Extension Office, 6:00 p.m.</li> <li>February 27th: Private Pesticide Training &amp; Forage Weed Up Henry County Extension Office, 5:30-8:00 p.m.</li> <li>March 7th: Celebrating Women in Agriculture Must RSVP Trimble County Extension Office, 5:30-8:00 p.m.</li> </ul>	
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	farm visits or any questions you may
I I I I I I I I I I I I I I I I I I I	have regarding programs offered.
Trimble County Extension Office, 1:00 p.m.	Regina vog
March 12th: Private Pesticide Applicator Training	0 0
Trimble County Extension Office, 10:00 a.m.	Agent for Ag & Natural Resources
March 14th: Trimble Co. Farmer's Market Meeting	regina.utz@uky.edu
Trimble County Extension Office, 6:00 p.m.	
March 20th: Beekeeping Series- Beekeeping Resources	
Trimble County Extension Office, 6:00 p.m.	Planting
March 21st: Gardening Series- Companion and Succession Trimble County Extension Office, 6:00 p.m.	rianung
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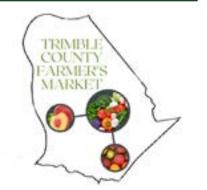
### *<b>RAISING VHOPE*

Debt, extreme weather, unstable prices, and isolation have created a storm of stress for the people who feed the rest of us. We see you, we appreciate you, and

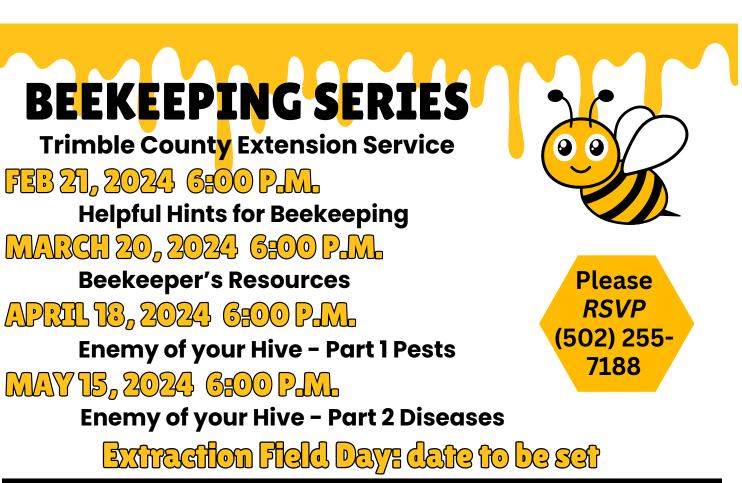
we are here to help. If you or someone you know is feeling depressed or overwhelmed or is struggling with their mental well-being, please don't hesitate to reach out. Call or text

the 988 Suicide & Crisis Lifeline 24/7 for free and confidential emotional support.

Call 988 now Text 988 or chat at 988lifeline.org



Vendor Information Session March 14, 2024 ~ 6:00 p.m. Trimble Extension Service



FEB 21, 2024 6:00 P.M. MAY 15, 2024 6:00 P.M.

March 7, 2024 5:30 - 8:00 p.m.



# **Trimble Thimbles Sewing Group**

Trimble County Extension Service 9:00 a.m. ~ 2nd & 4th Saturday of each month (February dates: 2/10 & 2/24) New or experienced all are welcome!

# Simply Sharing Group Transferring Cherished Possessions:

Estate planning tips for non-titled items Wednesday, February 14, 2024 ~ 10:30 a.m. Pitch in lunch to follow the program. Please rsvp to (502) 255-7188 by February 12, 2024

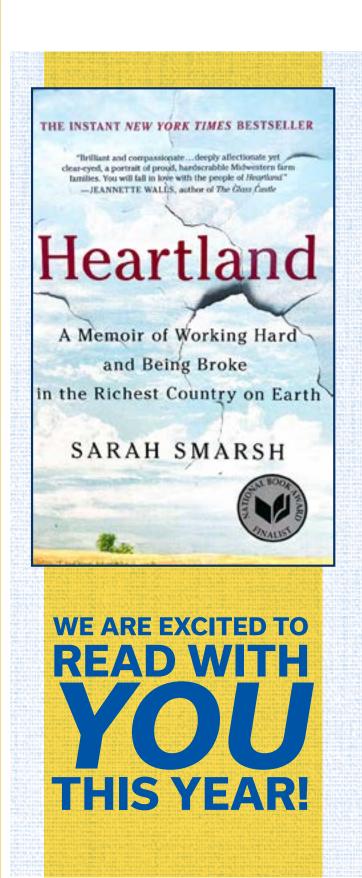


Agent for Family and Consumer Sciences





**Savor the Flavor Series Trimble County Extension Service** 43 High Country Lane, Bedford, KY February 13, 2024 ~ 6:00 p.m. **Cooking Methods** March 12, 2024 ~ 6:00 p.m. Using Spices, Oils & Vinegars Register for one or April 9, 2024 ~ 6:00 p.m. all sessions: (502) 255-7188 **Using Herbs** 



Register at: https://ukfcs.net/BBBC24book1

# **Cooperative** Extension Service

# **BIG BLUE BOOK CLUB**

**Big Blue Book Club** is back with **Heartland**: A Memoir of Working Hard and Being Broke in the Richest Country on Earth by Sarah Smarsh. This book is an eye-opening memoir about working-class poverty in America. Our discussions will help participants understand the impact that economic hardship and inequality have on our communities. Heartland is a descriptive and emotion-packed retelling of the author's and her family's intergenerational experience of America's wealth gap.

The first Big Blue Book Club series for 2024 will be April 11, 18, and 25. Each Thursday morning session will be presented via Zoom at 11 a.m. EDT. We will record the sessions, so if you aren't available during the day, you are welcome to participate via the recording.

Registration will open at 9 a.m. EST on Feb. 1 at https://ukfcs.net/BBBC24book1. The link will not be active until registration opens. The first 200 registered participants will receive a free copy of the book. Pick up your free book at your local Extension office after you receive notification that you are one of the book recipients.

### **4-H Youth Development**

# **Trimble County 4-H Horse Club**

February 13, 2024 6:30 p.m. **Trimble County Extension Office** Owners and non-horse owners welcome!





# **4-H Livestock Club**

February 20, 2024 6:30 p.m. **Trimble County Extension Office** Save the date: County Fair Livestock Shows June 17 & 18, 2024

# COUNTY **MUNICATIONS CONTES** March 21, 2024 6:00 p.m. Trimble County Extension Service

Youth ages 9 - 18 years are invited to participate in the Trimble County Communications event. This event provides 4-H members the opportunity to practice public speaking skills and receive positive constructive suggestions for improvement.

Areas for participating in the event are demonstrations, speeches, talent show and mock interview. Youth can choose their own topic:

Horticulture & Plant Science ~ Care of Animals ~ Forestry Wildlife ~ Drawing, painting, crafts ~ Clothing & Textiles Foods - prepare a recipe ~ Health and fitness ~ Science projects



Details of the categories and tip sheets on how to prepare your speech or demonstration are available through the Extension Service. Please call (502) 255-7188 for infomation and to rsvp.



## 4-H ( July 29-A Reserv

Youth age

To reserve your spot please f with the camp deposit to the

office as so

Once returned, a full camper

Camper Name

Home Address

City, State, Zip \_\_\_\_\_

Phone

How many years have you attend

Request Outpost? (primitive cam

### 2024 Cos

A deposit of \$25(non-refundable) Full payment must be made prio July 8 if by chec

A limited number of \$50 scholars request financial assistance. (limi

**Trimble County Extension Service** PO Box 244 / 43 High Country Lane Bedford KY 40006 (502) 255-7188

Extension Agent for 4-H Youth Development

### Cooperative Extension Service

### MARTIN-GATTON COL

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Lexington, KY 40506

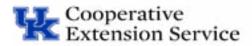


CAMP Cooperative Extension Service ug 2, 2024 ation Form s 9 - 18 years. Il out this form and return it along rimble County Extension Service on as possible. application will be mailed to you.
DOB// M / F
ampers T-Shirt Size led camp? oing) Y / N <b>:: \$150.00</b> must be made at time of reservation. to camp. Deadline for payments: k, July 15 if cash hips will be available for those who t 1 per family) Check here
Scan to RSVP online:
EGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Removing Compensive Extension nerve all people regardless of economic of social status and will now discriminate on the board of race, only, ethnic origin, national origin, credit, religion, political belief, sec, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, agr, voteran status physical or mental disability or neptical or recallation for prior civil rights activity. Bausonable accomendation of disability may be available with prior notice, Program indomation may be made available in languages other than English. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Renzucky Counties, Cooperating







Trimble County PO Box 244 43 High Country Lane Bedford, KY 40006-0244

RETURN SERVICE REQUESTED

NONPROFIT ORG US POSTAGE PAID BEDFORD KY PERMIT 11

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